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# ❖ AUTISM ACTION ❖

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March/April 2004

The Newsletter of the  
***San Diego County Chapter***  
**Autism Society of America**

Serving the needs of individuals with autism and their families  
through advocacy, education, public awareness and research.

## MONTHLY MEETING SPEAKERS

**Thursday, March 4, 2004**  
**6:30—8:30 PM**

***Autism and Education by Cynthia La Brie Norall, Ph D***

***\* What we know about education***

***\*Where we offer services***

***\* How we look at difficult behaviors***

***\* What we think about social skills***

**Thursday, April 1, 2004**  
**6:30 — 8:30 PM**

***Break-out Informational/Networking Groups—New Diagnosis, High-  
Functioning Autism/Aspergers, Behavior Management***

***Bring a silent auction item for Casino Night and be entered in a special raffle  
drawing at the Monthly Informational Meetings in March and April!***

**Thursday, May 6, 2004**  
**6:30 — 8:30 PM**

***Annual Teacher Appreciation Night***  
***Special Guest Speaker—Paul Does, PhD***

Support Group Meetings are held at  
TMI Conference Center  
4740 Murphy Canyon Road—2nd Floor  
San Diego / Kearny Mesa

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## MONTHLY MEETING FORMAT

6:30-6:45 P.M.	Informal/Social/ Networking Time
6:45-7:00 P.M.	President's Message
7:00-8:00 P.M.	Guest Speaker
8:00-8:30 P.M.	Questions/ Answers

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# PRESIDENT'S MESSAGE

**A**-WARE-NESS 1. knowing something: having knowledge of something because you have observed it or somebody has told you about it 2. noticing or realizing something: mindful that something exists because you notice it or realize that it is happening.

I am **aware** every day, with every fiber of my body and every breath I take, of my sons' autism. I am **aware** that this is not necessarily a bad thing. I am **aware** that they will need me now and will continue to need me to care for them for the rest of their lives. I am **aware** that I have become an expert in autism because I have experienced life with my children as they have grown and changed.

I am **aware** that there are many people in our community and throughout the country who want to help me and families like mine. I am **aware** that sometimes well-intentioned people don't always say and do the right thing; perhaps because they are **unaware** of how we feel and what autism is about.

I am **aware** that my sons will never intentionally lie, cheat or steal and because of this, they are two of the purest souls I have ever known. I am increasingly **aware** of my personal, professional and social responsibility to ensure that I do my part to make the world more tolerant, understanding and accepting of persons with autism.

I am **aware** that without the support of family, friends and the community, the journey we are taking would be much harder and longer. I am aware that I should never take this for granted. I am **aware** that there are many persons whose lives are touched by autism.

Myself and three other board members attended a Chapter Leader Workshop in North Carolina recently. The attendees were board members of other ASA Chapters from all over the country. One of the most compelling things about the meeting was how each and every person in attendance was deeply committed to working on making the world a better place for persons with autism. I felt proud of our local chapter because of the hard work and many projects we have been able to complete so far this year, as well as the remaining activities we have planned. I am aware of the fact we are one of the most active and successful chapters in the country.

April is National Autism Awareness Month.

Best Wishes, Shirley Fett, President

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## Board of Directors

President	Shirley Fett
1st VP Membership	Marilyn Rosenberg
2nd VP Programs	Victoria Ikerd-Schreiter
3rd VP Newsletter	Jennifer Oke
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## Mission Statement

The mission of the **Autism Society of America** is to promote lifelong access and opportunities for persons within the autism spectrum and their families, to be fully included, participating members of their community through advocacy, public awareness, education and research related to autism.

## Endorsement Policy

The Autism Society of America does not endorse individual programs. References appearing in the *Autism Action* regarding programs, resources, treatment, etc. should not be interpreted as an indication of endorsement by the Autism Society of America. They are provided for information only.

## FOR YOUR INFORMATION

### SDASA POOL & PIZZA PARTIES

Mark your calendars to attend our fun and popular monthly pool parties. They're held the 2nd Friday evening of each month at the Boys & Girls Club in Clairemont. 4635 Clairemont Mesa Blvd. 6:00-8:00 pm. Free pizza & drinks! The whole family can swim in an indoor, heated pool. Lifeguards provided. **Please RSVP at least FIVE days in advance to insure sufficient food and beverages for all 619-298-1981 or info@sd-autism.org.**

Upcoming dates:

March 12, April 9, May 14, June 11

### HEALTH HERO

Congratulations go to Aqua Pros Swim School, our 2003 Health Hero. Led by Tammy Anderson-Lee, Aqua Pros Swim School has been instrumental in our chapter's monthly pool parties, providing swimming and surfing instruction and generally helping to make our children waterproof! The Aqua Pros Swim School will be recognized for its contribution to the autism community during an award ceremony to be held March 24 at the Downtown Wyndham Hotel.

### MEMBERSHIP DUES INCREASE

Please note that our membership dues have been increased. This is the first increase since 1999. Thank you for your continued support of ASA, and especially the San Diego County Chapter.

### UCSD and SDSU FUNCTIONAL BRAIN IMAGING STUDIES

Volunteers with autism or Asperger syndrome (ages 14 and older) needed for new studies of language and attention. Natacha Akshoomoff, Ph.D. 858-622-1805

### STAR PROGRAM TO OPEN NEW SITE IN NORTH COUNTY

**STAR Program, Inc.** will be opening a 6th STAR site in San Marcos, California in March, 2004. This site will be located at Richland Elementary School and provide social skills training groups for children diagnosed with a Pervasive Developmental Disorder between the ages of 5-12 years of age during after school hours. For more information please call 858-450-4785.

### PARENT LECTURE & SUPPORT GROUP

Children's Hospital Autism Intervention Center is offering eight-week interactive inspiring, educational and support group program that introduces strategies to help you effectively communicate with your young child and encourage the development of language skills.

Eight-week program cost \$288. Register early! Space is limited. Child Care is not provided. For more information, call Melissa or Jennifer at (858) 966-7453.

### DONATION TO SDASA FROM CALIFORNIA NOTE CATCHERS

California Note Catchers is a women's barbershop singer group located in San Diego. They are a chapter of the Women's International Barbershop Organization. The National Organization has established autism as their designated charity. We are pleased to report we received a generous check of \$100.00 from the California Note Catchers. We look forward to establishing an ongoing relationship with the singing group.

### CAMP I CAN 2004

Is your child still talking about Camp I Can last summer or looking forward to the experience this summer? In order to build on the camp's established success, this year will feature a week specifically designed to meet the needs of children with high-functioning autism and Asperger's. Watch your mail for application packets. Registration for Camp I Can begins March 1, 2004. Camp fills up quickly so get your application in early. If you have questions contact the Mission Valley YMCA (619) 298-3576.

### TEACHER APPRECIATION MONTH

May is Teacher Appreciation Month. If you would like to recognize your child's teacher, paraprofessional, or professional, you may bring them to the May Informational Meeting, Thursday, May 6th. The SDASA will present each teacher with a token of our appreciation. To recognize your child's teacher or other therapist, pick up an invitation at the March or April Support Group Meetings or call the office to request one 619-298-1981.

### SUMMER SURF CAMP

You may not be thinking ahead to the warm summer days, the hot sun, and the surf, but it is time to think about Summer Surf Camp for your child. Surf Camp is a unique experience for children with autism, the water, one-on-one instruction and a sense of mastery. Registration begins April 1, 2004 and is open to SDASA members only. Look for your application in the mail.

### SWIMMING FOR POOL PALS

The SDASA is proud and excited to announce our first ever "10 Hour Team Swim-A-Thon" on February 28 from 8:00 am to 8:00 pm at the Clairemont Boys and Girls Club. The proceeds from this event will be directed to our Pool PALS program which includes Surf Camp for Children with Autism, Monthly Family Pool/Pizza Parties, and private swimming lessons. If you're not swimming, bring your family for a great chili dinner and lots of fun dancing with the "Cat-illacs". We would like to extend our thanks to all of those who have made this event possible, Ralph Carrasquillos and the other firefighters for providing the pancake breakfast kick off and the chili dinner, the terrific music provided by band the "Cat-illacs", the Clairemont Boys and Girls Club for providing the gym, kitchen and pool, the more than 100 swimmers, all the volunteers throughout the day, and Tammy Anderson of Aqua Pros and Shirley Fett work hard to put it together.

## AMIGO AWARDS

### THE 1<sup>ST</sup> ANNUAL AMIGO AWARDS

#### Celebrating March as Business Appreciation Month

The following business are being recognized for helping and supporting children with autism spectrum disorders and their families in the past year:

#### **ACES, Inc.**

3731 6<sup>th</sup> Avenue, San Diego 92103  
619-278-0884

“ACES has generously donated office space to our chapter since 2002. This has enabled us to expand and grow. We are so thankful and appreciative of their support.”

#### **Timothy Christian, DDS Dentistry**

6030 Santo Road, San Diego  
858-277-6010

“Dr. Christian is caring, kind, and patient. He is awesome with our daughter and other kids with autism.”

#### **Community Coaching Center**

Tina Waters  
1801 Crandall Dr., San Diego 92111  
858-603-9835

“Tina and her staff are providing a much needed out of home respite that provides our son and family with respite, and for our son, love, acceptance, and an opportunity to go into the community while learning skills.”

#### **Susan Daniel, O.D.**

**Developmental Optometrist**  
2624-A El Camino Real,  
Carlsbad 92003  
760-434-3314

“Dr. Daniel has committed her practice to helping autistic kids and advocating for them and their families with school districts.”

“Susan uniquely understands autism and the myriad of implications it has in relation to children’s vision. She saved my son’s sight when no one else realized he had a problem. We’re forever indebted to her.”

#### **Kara Dodds and Associates Speech and Language**

7801 Mission Center Ct., Suite 104,  
San Diego 92108  
619-692-0622

“They are all very helpful, kind, and understanding towards both of my kids with autism. The atmosphere is always warm and relaxing. The speech therapists are all very loving towards my kids.”

#### **Dr. Dohil**

**Gastrointestinal Specialist**  
Children’s Hospital and Health Center  
858-576-1700 x6970

“He is one of the few GI specialists that consider my son’s autism and has supported us on the GFCF diet even though most in the medical community don’t want to admit the profound success in some kids.”

**Mick Strider  
Strider Knives**  
San Marcos  
760-471-8275

“Goes out of his way to raise funds for Casino Night and Camp I CAN”

#### **Eric LaRowe Movies 2 Sell**

4724 Clairemont Mesa Blvd.,  
San Diego 92117  
858-274-3456

“Our two sons love videos. This store has every new and old video you can imagine. When Eric sees us, he is always welcoming, friendly, and willing to help. He has made donations for our silent auctions several times.”

#### **Thomas Lemieux “Mr. Timmy” Music Instructor**

9071 Mesa Woods Ave.,  
San Diego 92126  
858-829-DRUM

“He has been great with our son, very patient, very knowledgeable not only about music and his own profession but how to help and teach the disabled.”

#### **Dr. Mary O’Cooner Dentistry**

420 Spruce St., Suite A,  
San Diego 92103  
619-291-5291

“Mary is so appreciated as a personable professional who does all in her power, making any accommodations necessary to ensure each child regardless of his/her challenges has a successful dental visit.”

#### **Sorrentino’s Pizza**

4726 Clairemont Mesa Blvd.,  
San Diego 92117  
619-483-1772

“For their awesome support of our pool parties with sensational pizza.”

## CASINO NIGHT 2004

### 4<sup>TH</sup> ANNUAL CASINO NIGHT Fund-raiser for Camp I CAN and Other Recreational Programs



The San Diego County Chapter of the Autism Society of America (SDASA) is proud to announce the 4<sup>th</sup> Annual Casino Night "Hawaiian Style" on Saturday, April 24, 2004 at the Red Lion Hanaia Hotel. Casino night will primarily benefit Camp I CAN (Camp Including Children with Autism Now) and will also benefit other recreational events the SDASA sponsors including the monthly Pool and Pizza Parties, Summer Surf camp, and adaptive swimming lessons.

This year's Casino Night will feature dinner, casino games, a silent auction, and raffle prizes. This year's Special Raffle prize is a 7-day trip for two to Maui including airfare, accommodations and a rental car. Only 500 special raffle tickets will be sold at a cost of \$10.00 per ticket.

Event tickets are \$75.00 per per-

son, each ticket includes Dinner and Casino Games. Early bird ticket prices are \$60.00 per person on or before April 1<sup>st</sup>. Look for your invitations in the mail soon.

We are also offering 4 sponsorship packages:

**The Hawaii:** 10 event tickets with 10 Sponsor and 10 "Special" raffle tickets \$850.00

**The Maui:** 4 event tickets with 10 Sponsor and 10 "Special" raffle tickets \$360.00

**The Oahu:** 2 event tickets with 10 Sponsor and 10 "Special" raffle tickets \$185.00

**The Kauai:** 1 event ticket with 10 Sponsor and 10 "Special" raffle tickets \$95.00

We are asking for your support. We need silent auction items as well as raffle drawing prizes. Items might include sports memorabilia or equipment, gift certificates for goods or services, art, gift baskets, jewelry, and travel/vacation opportunities. Event underwriting and corporate sponsors are needed. If you have contacts in the community that will support the autism community for this event, your connections would be greatly appreciated. Sponsor/Donor/Underwriter Forms are available at monthly informational meetings or by contacting Shelly

and John VanBrabant at 619-334-0739 or vanhomey4@cox.net.

April is National Autism Awareness Month and as many of you have noticed in the media or experienced on a more personal level, the incidence is rising exponentially. By developing and sponsoring great programs such as Camp I CAN, Pool and Pizza Parties, Summer Surf Camp and other recreational programs, the SDASA takes great pride in providing support for educators, caregivers and the families who live with this disability everyday. Your support and generosity means so much to our organization! Most importantly, as we give a voice to some of the children who cannot speak, we see it first hand in their faces. Your support is immeasurable. We hope you can participate in this fun event.



Mahalo and Aloha,  
Shelly and John VanBrabant  
Event Co-Chairpersons

# AUTISM ADVICE

## *Healthy Smiles for Children with Autism*

By Kay Stuckhardt, RDH, MPH  
Oral Health Specialist  
Anderson Center for Dental Care,  
Children's Hospital and Health Center

Cavities are a serious infection, the most common chronic disease of childhood. More than 70% of California's children are affected and more than half of these need dental treatment. Characterized as, "A Neglected Epidemic," dental disease frequently causes pain and can negatively affect general health, school attendance and a child's socialization. Children with autism, Asperger's, or PDD may experience more dental problems due to oral sensitivities, diet, and difficulty accessing dental care.

New research tells us that cavities, which are a bacterial INFECTION, are actually "catching." Babies are not born with cavity-causing germs. They get the bacteria from their parents and caregivers through sharing foods and drinks. That makes it very important for parents to brush and floss daily and get any cavities they have treated -- to lower the bacteria in their mouths -- AND not to share foods with babies and toddlers. Research has also shown that sugarless gum with xylitol sweetener can reduce cavities by stimulating saliva and neutralizing acids.

Preventing cavities is multifaceted. Here's why:

BACTERIA + CARBOHYDRATES  
(sugar and flour) + TEETH = ACID  
(breaks down teeth) + TIME (acid on  
teeth) = CAVITIES

Remove Bacteria: Brush morning and bedtime and floss daily. This is not always easy for children with autism/PDD; see the suggestions that follow.  
Reduce Sticky Carbohydrates and Decrease Acid Time: Eat healthy foods and snacks like cheese, fruits and vegetables. To decrease the amount of TIME sugar and flour are on the teeth, avoid sticky foods (including crackers) and sugary

drinks (including juice) especially as snacks; don't put baby to bed with a bottle; and don't let a child walk around with a bottle or sipper cup during the day. If your child only likes crackers as snacks, just continue offering other options that are less sticky.

Strengthen Teeth: Start using a tiny smear of fluoride toothpaste as early as age 1 unless your child objects to the taste or texture of paste, or try dipping the brush before brushing in a few drops of ACT fluoride rinse available at the grocery store. Ask your dentist or doctor about a prescription for fluoride drops or tablets. For school age children, ask about sealants, a plastic coating put on molars to "seal out" bacteria and food.

Oral sensitivity can make toothbrushing challenging. Many families have found that breaking toothbrushing down into small steps is helpful in overcoming oral sensitivity. And it's never too late to start. Work on each step for a week before proceeding. Social stories and picture schedules may also be helpful in establishing toothbrushing in your child's routine. Remember that children need help with brushing until they can tie their shoes. If you are working with an occupational therapist on sensory or feeding issues, discuss how to incorporate oral health activities.

1. Massage around your child's mouth for a few seconds. Repeat several times morning and evening.
2. Before brushing, stabilize your child's head by having them sit in the corner of the couch or in a high chair. Tell her it's time for brushing. Begin by briefly touching the brush to her mouth several times. After each touch, praise her -- smile and clap. Ignore any negative behavior -- that's the hard part but oh so important.
3. Brush one section of teeth for a few seconds by wiggling the bristles where the gums touch the teeth and then take out the brush. Singing while brushing lets your child know the brushing has a start

and an end. Praise after each few seconds of brushing and remember to smile. (Sing to the tune of "Row, Row, Row Your Boat")

*Brush, brush, brush your teeth.  
Brush them everyday.*

*That's the way we will fight Mr. Tooth Decay!*

4. Add a new section of teeth each week, praising after each, until you are brushing all of the teeth. If your child bites down on the brush stop brushing and singing until they release, then resume brushing.

Special 2-sided toothbrushes cut down on brushing time by brushing the inside and outside of the teeth at the same time. You can order the Collis Curve toothbrush at [www.colliscurve.com](http://www.colliscurve.com) or Twinbrush at [www.specilizedcare.com](http://www.specilizedcare.com)

Dental check-ups starting at age 1 and then every 6 months are recommended by the American Academy of Pediatrics and the American Academy of Pediatric Dentists. Why so early? The goal is to see children BEFORE they have dental problems -- a "well-child dental check-up." If your family dentist does not see children with special needs, ask your service coordinator or Exceptional Family Resource Center for dentists listed in the Directory of Dentists Treating People with Disabilities or call Children's Customer Care and Referral Service at 1-800-788-9029. To help prepare your child for the dental visit, pick up a disposable mirror at the pharmacy and "practice" looking at her teeth; read stories about visiting the dentist; and/or ask your dentist if you can come in for a "tour of the office" before your child's appointment.

Set realistic goals if your child is struggling with toothbrushing or new foods. Take a step-be-step approach and remember that changing behaviors take time, and with consistent practice you and your child can be successful.

## UPCOMING EVENTS

**Parent Support Group for the Resources for Students with Autism (RSA) Program** of San Diego Unified Schools will meet on February 27th (Recreation Panel), March 12th (Barbara Schmidt from NCCSE) and March 26th (Cynthia Norall from CASE). Meetings are from 9:30 — 11 am and are held at Whittier Center on Clairemont Drive. Contact Bobbie Kohrt or Mary Lou Evans 858-490-8520 for more information.

**Building Independence for the Home and Community** presented by San Diego City Schools Resources for Students with Autism (RSA) Program. This Parent Training will be held Saturday, March 6, 2004 from 9:00am — 1:00pm at Whittier Center, 3401 Clairemont Drive San Diego 92117. RSVP to Teresa Haywood (858) 490-8508

**EFRC and HOPE Infant Family Support Group** What is it like to parent a young child on the autism spectrum? Come meet other parents for an evening of sharing thoughts, feelings, ways of coping, and resources that might be helpful. Group meets Tuesday evenings from 6:00-7:30 on the following dates: March 9, April 13, May 11 and June 8. ECS Head Start 1261 Third Ave Suite B Chula Vista 91911. Supervised playtime is available by advance reservation. Please call Mary at 858-569-5370 to reserve a space.

**CSUN's 19th Annual International Conference "Technology and Persons with Disabilities"** March 15-20, 2004 in Los Angeles. For more information visit [www.csun.edu/cod/](http://www.csun.edu/cod/) or call (818) 677-2578

**Involved Exceptional Parents (IEP) Day 2004** Saturday, March 20, 2004 at the University of San Diego. IEP Day is a unique one day conference for parents of children with special needs and the professionals who work with them. Each year over 400 parents and professionals come together to learn in an environment of working together in the best interest of the children. You can get the latest updates on confirmed speakers by logging on to [www.iepday.org](http://www.iepday.org).

**Auditory Integration Training** April 2 to 11, 2004 to be conducted at OT, Etc/Excel Speech Center, 7927 Ostrow St. Suite B, San Diego, 92117. Deadline for registration is March 5, 2004. Conducted by Terrie Silverman. For more information contact visit [www.we-exist.net/ait](http://www.we-exist.net/ait) or email Ms. Silverman at [terries@execpc.com](mailto:terries@execpc.com)

**Roger Cox Workshop** The SDASA is pleased to welcome Roger Cox, Ph.D back to San Diego for two one-day workshops. Dr. Cox is the Director of Training at Division TEACCH at University of North Carolina, Chapel Hill. "Blending Methodologies in Autism—Doing it Right" will be held Wednesday, April 14th. "Understanding and Remediating Social Abilities in Young People with Autism" will be held Thursday, April 15th. Both workshops will be held at the Al Bahr Shrine Center in Kearny Mesa and will start at 8:30am and conclude at 3:30pm. The cost is \$85 for one workshop or \$150 for both workshops. For registration please contact the SDASA office at (619) 298-1981 or [info@sd-autism.org](mailto:info@sd-autism.org)

**Fiesta Educativa, Inc—San Diego Conference** The 8<sup>th</sup> Annual Fiesta Educativa, Inc. San Diego Conference will be held on Saturday, April 24, 2004 from 7:30 a.m. to 3:30 p.m. This year's conference will be hosted by Memorial Academy Charter School located at 2850 Logan Ave., San Diego. This event is in Spanish and is intended for parents, consumers, and the professionals who assist them. Through speakers, workshops, exhibitors, and networking, the conference provides a forum for the Latino community to play a more active role in the field of disabilities. Contact Lupe Rojas-Sanchez, EFRC 619-594-7388 or Monica Flores, TASK 858-874-2386 for further information.

**Fundraising Art Auction** hosted by STAR Program, Inc. Saturday, May 22 at the Majorca Room at the Casa Del Prado in Balboa Park from 5-10 p.m. There will be wine and food along with viewing of the art from 5-6 p.m. with the auction to follow. A percentage of the art sold will be donated to STAR Program, Inc. to support social skills training for children diagnosed with a pervasive developmental disorder between the ages of 5-18 years. For further information please call STAR Program, Inc. 858-450-4785.

**Social Skills Training Groups** Beginning in March, 2004 STAR Program, Inc. will be offering a weekly social skills training group for adolescents diagnosed with Autism/PDD between the ages of 13-15 years. This will be a private pay group offered for 10 sessions as a pilot and research project to develop the curriculum for ongoing groups for adolescents. A parent group will be offered as part of this research and clinical project. In addition, STAR Program, Inc. has started a weekly group for children diagnosed with High Functioning Autism and Asperger's Disorder between the ages of 10-13 years. It begins Wednesday, February 18 and will be held at Lindbergh Schweitzer Elementary School during after school hours. Please call 858-450-4789 and speak with Dr. Monica Feinberg-Gizzo for further information on either of these groups.

# MEMBERSHIP APPLICATION

SAN DIEGO COUNTY CHAPTER / AUTISM SOCIETY OF CALIFORNIA / AUTISM SOCIETY OF AMERICA

NAME: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 CITY: \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ - \_\_\_\_\_  
 PHONE: \_\_\_\_\_ E-MAIL \_\_\_\_\_

YOU MAY USE MY NAME AND ADDRESS AS A REFERRAL FOR OTHER PARENTS .....  YES  NO  
 YOU MAY GIVE MY NAME TO OTHER PARENTS IN MY AREA .....  YES  NO

WHAT IS YOUR RELATIONSHIP TO THE PERSON WITH AUTISM (CHECK ALL BOXES THAT APPLY):

- PARENT  GRAND PARENT  TEACHER  AIDE
- CARE PROVIDER  RELATIVE  PHYSICIAN  PSYCHOLOGIST
- FRIEND  SCHOOL ADMINISTRATOR  OTHER

DUES (INCLUDES NATIONAL AND STATE DUES):

- FULL TIME STUDENT: \$25.00
- INDIVIDUAL: \$40.00
- FAMILY MEMBERSHIP: \$50.00
- NEWSLETTER ONLY - 1 YEAR SUBSCRIPTION: \$10.00

PLEASE CHECK IF:

- NEW MEMBER
- RENEWING MEMBER

APPLICATIONS CAN BE MAILED TO: Autism Society of America, P. O. Box 420908, San Diego, CA 92124

MAKE CHECKS PAYABLE TO: AUTISM SOCIETY OF AMERICA • **DUES AND DONATIONS ARE TAX DEDUCTIBLE**

Website: [www.sd-autism.org](http://www.sd-autism.org)  
 Email: [info@sd-autism.org](mailto:info@sd-autism.org)  
 (619) 298-1981  
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 P O Box 420908  
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